



# essential FIRE SAFETY

## IN CASE OF FIRE

If your clothes are on fire:  
**STOP, DROP AND ROLL.**

Feel the temperature of the door from the inside with the **back of your hand**.

**If the door is cool, open slowly** and ensure fire and/or smoke is not blocking your escape route and close it behind you.

**If the door is hot, do not open.** Escape through a window. If you cannot escape, hang a white or light-colored sheet out the window, alerting fire fighters to your presence.

**Keep low to the ground** – smoke and heat rise. Call emergency services once you're safe.

## WHAT YOU SHOULD KNOW

### *Do you have a smoke detector?*

You should have one in your bedroom. A smoke detector should be installed in every room that will be occupied except the kitchen or above a fireplace where there will be false alarms.

### *Do not live above the 7th floor.*

The fire service cannot rescue you with a ladder truck, and helicopter rescues are not possible for most buildings.

### *Plan two ways out of every room.*

Think about how you will escape the room in case of fire – do you have a ladder/a rope and window access?

### *Watch your smoke.*

Cigarettes are a leading cause of fire deaths – put your ashes out and don't smoke in bed!

65% of reported home fire deaths occur in homes with no smoke alarms or non-working smoke alarms.

Every year, thousands of people die in fires because they are not properly equipped and prepared.



## FIRE SAFETY *in* NETHERLANDS EMERGENCY NUMBER: 112

Fire safety regulations vary drastically across the world; be prepared to take initiative to ensure your safety

As of 2006, there is an average of 13,076 fires each year, and 81 deaths resulting from these fires.

Homes built before 2003 are not required to have smoke alarms. Many rental properties are older than that, so it will be **your responsibility** to install your own alarms.